

# San Francisco

**SPRING  
DECOR**  
FAB FINDS FOR  
INDOOR &  
OUTDOOR SPACES

**WINE  
WEEKENDS**  
THE HIDDEN GEMS  
OF COOMBSVILLE

## ON THE House

PEEK INSIDE OUR  
FAVORITE NORTHERN  
CALIFORNIA HOMES

SAN FRANCISCO  
MAGAZINE

GLADOW NEAD  
COMMUNICATIONS

SAN FRANCISCO MAGAZINE  
APRIL 2022

# Dispatch



Time to shape up with LuxFit SF at its new location, The Crossing at East Cut. The premier outdoor gym offers several group classes, including a 50-minute, full-body Burn and Build session and a 60-minute Boxing Roadwork session, which focuses on footwork, boxing technique and conditioning. The Crossing is a 3 ½-acre urban haven, featuring food, drinks and family-friendly fun. LuxFit's high-energy program is a welcome addition to the space. "We pride ourselves on delivering science-based programming led by world-class trainers and using the highest-rated training equipment," says founder Yotam Israeli, who leads the brand with a focus on diversity, inclusion and well-being. 200 Folsom St., 608.957.2853, [luxfitsf.com](http://luxfitsf.com)